



We can almost guarantee
fewer **strokes**.

T E N T H A N N I V E R S A R Y

May 22, 2023

Thousand Oaks Golf Club
Grand Rapids, Michigan

To benefit

 **Corewell Health**™ Foundation West Michigan



No matter what your scorecard says.

Dear Friend,

May is Stroke Awareness Month. I confess I didn't know that until my brother-in-law Larry Lorenz and mother-in-law Stephanie Lorenz were both unexpectedly felled by strokes. Then I learned that one American dies from a stroke every four minutes – and that many of these deaths are preventable.

We developed this Stroke Reduction Golf Classic to benefit the Corewell Health Stroke Team. Your participation will enable them to educate more local residents about the risk factors, signs and symptoms of stroke.

Some of the activities that the proceeds have supported include:

- Corewell Health Stroke Camp and monthly Stroke Support Groups for patients and care givers to provide resources, support and wellness information.
- Stroke education to numerous community events.
- Stroke awareness night with GR Griffins providing thousands of attendees the education to identify early warning signs of stroke.
- Efforts have specifically helped a number of event attendees and/or their loved ones recognize and address stroke symptoms at their early stages.
- Deployment of artificial intelligence software to assist in diagnosis and triage of acute stroke patients.
- Acquiring a neuro-interventional robot to perform procedures and aid in training and research for the performance of remote robotic stroke procedures.

The dual objective of the Stroke Reduction Golf Classic is "Reducing Strokes in Life and Golf through Knowledge and Action." Participants will learn techniques to improve their golf game and to reduce the chances of experiencing a stroke, all while enjoying a fun-filled day on and off the course.

We invite you to join us for a day of golf that can make a difference in the lives of countless others. And we hope that you can count the strokes you saved by taking advantage of the learning opportunities with the golf clinics offered at the event. We would love to see you in May!

Warm Regards,

Steve Field

sfield@inradinc.com

Schedule of Events May 22, 2023

Thousand Oaks Golf Club

Registration/Driving Range	10:00 am – 12:30 pm
Mike Bender Clinic	11:30 am – 12:30 pm
Shotgun Start	12:30 pm
Cash Bar Open, Auction and Raffle Results	4:30 – 6:00 pm
Strolling Dinner, Awards, Prizes	6:00 – 7:00 pm

Stroke Risk Factors

Your age, gender, race, family history of stroke and personal history of stroke are risk factors you can't change. But you can help offset these risk factors by:

- Controlling your blood pressure
- Managing diabetes
- Stopping cigarette smoking and tobacco use
- Lowering your cholesterol levels
- Getting plenty of exercise (like golf!)
- Maintaining a healthy weight
- Limiting your alcohol use
- Seeking medical treatment for heart disease, including abnormal heart rhythm

Event Format

Four-person scramble with two-putt maximum per hole.

Golf Course

Thousand Oaks Golf Club
4100 Thousand Oaks Dr. NE
Grand Rapids, MI 49525
616-447-7750
www.thousandoaksgolf.com

Game Improvement Clinic

Mike Bender, a *Golf Digest* Top 5 Instructor and coach to Masters and British Open Champion, Zach Johnson, as well as other PGA and LPGA players, will be offering Game Improvement Clinics this year. Take advantage of learning from the best and get a jump on your game for the season. Mike will be offering a Game Improvement Clinic at Thousand Oaks at 11:30 am. We feel very fortunate to have one of the world's best golf instructors at this year's event.



Mike Bender

Master Instructor, Mike Bender Golf Academy
"One of America's Top Five Best Teachers" - *Golf Digest*

- *Golf Digest* Top 5 Instructor
- Coach to Zach Johnson, 2007 Masters and 2015 British Open Champion
- Clients include Jonathon Byrd, first time 2016 PGA winner Wes Bryan and first time 2016 LPGA winner Chella Choi
- Inventor of The Bender Stik and the MEGSA Perfect Practice Equipment
- Author of *Build the Swing of a Lifetime* and *Golf's 8 Second Secret: What Separates Golf's Greatest Champions*



Mike conducted a long ball clinic at the 2021 Stroke Reduction Golf Classic, and we are excited to have him back. Here is what a few of the participants said:

Mike Bender's Game Improvement Clinic was excellent, and it helped tremendously in getting me ready for the golf season. Mike's easy to understand descriptions of the golf swing and what it takes to make the golf ball go where you want has proven to be a real stroke saver.
Steve F.

I attended the Mike Bender Instruction Clinic at the Stroke Reduction Golf Classic, and it made a lasting impression on me. In the first five minutes of his clinic, Mike clearly illustrated flaws in my swing plane that have plagued me for decades. His demonstration inspired me to make long-overdue changes to my swing – and led to meaningful improvements. Thanks Mike!
John F.

Mike Bender's swing clinic made a positive impact on my golf game. In his brief demonstration, Mike delivered pointers for improving my swing that were easy to remember, simple to practice, and helped me hit more greens and fairways. Definitely an hour well spent!
John S.

Reducing Strokes in Life and Golf through Knowledge and Action™

Sponsorship Opportunities

Memorial for Loved One

The Stroke Reduction Golf Classic was inspired by the passing of Larry Lorenz, who suffered a stroke at a young age. For those interested in having a Memorial Sign created in memory of a loved one at the SRGC, please see the registration page at www.strokereductiongolfclassic.com.

Other Sponsorship Opportunities

Sponsorship opportunities can be found on the registration page at www.strokereductiongolfclassic.com.

50/50 Raffle

A 50/50 raffle will offer a prize of 50% of the funds raised. Tickets may be purchased at the event.

Winner is subjected to gambling withholding, fees and tax. Need not be present to win.

Online Auction

An online auction will be conducted again this year and will be open in advance of the event. Past items have included a two-night stay plus golf for two people at the Ritz Carlton Hotel, Sarasota and the Ritz Carlton Member's Club, Bradenton, FL, rounds of golf at TPC Sawgrass, a Stay and Play package at French Lick Resort, Chicago Cubs and Detroit Tigers tickets and various other items. Check the website for updates at www.strokereductiongolfclassic.com.

Register

Register by May 1, 2023 online at www.strokereductiongolfclassic.com. The first 100 people registered by April 1, 2023 will receive a 1/4 zip pullover.

About Corewell Health

Corewell Health is home to West Michigan's first nationally certified primary stroke centers. Stroke centers at Butterworth and Blodgett hospitals provide comprehensive care for more stroke patients than anywhere else in West Michigan, including 24/7 emergency stroke response teams for fast, accurate diagnosis of patients upon arrival in the emergency department.

Corewell Health also offers a comprehensive stroke rehabilitation program, as well as ongoing classes and events to raise stroke awareness and help individuals reduce their risk factors.

Signs of Stroke in Men and Women

- Sudden **numbness** or weakness in the face, arm, or leg, especially on one side of the body.
- Sudden **confusion**, trouble speaking, or difficulty understanding speech.
- Sudden **trouble seeing** in one or both eyes.
- Sudden **trouble walking**, dizziness, loss of balance, or lack of coordination.
- Sudden **severe headache** with no known cause.

Call 9-1-1 immediately if you or someone else has any of these symptoms.



Acting F.A.S.T. is Key for Stroke

Acting F.A.S.T. can help stroke patients get the treatments they desperately need. The most effective stroke treatments are only available if the stroke is recognized and diagnosed within 3 hours of the first symptoms. Stroke patients may not be eligible for the most effective treatments if they don't arrive at the hospital in time.

If you think someone may be having a stroke, act F.A.S.T. and do the following simple test:

F – Face: Ask the person to smile. Does one side of the face droop?

A – Arms: Ask the person to raise both arms. Does one arm drift downward?

S – Speech: Ask the person to repeat a simple phrase. Is their speech slurred or strange?

T – Time: If you observe any of these signs, call 9-1-1 immediately